

Download Free The Complete Guide To Aspergers Syndrome Tony Attwood Read Pdf Free

The Complete Guide to Asperger's Syndrome Asperger's Syndrome A Guide to Asperger Syndrome A Parent's Guide to Asperger Syndrome and High-Functioning Autism, First Edition The Partner's Guide to Asperger Syndrome Freaks, Geeks and Asperger Syndrome Asperger's Syndrome Workplace Survival Guide Build Your Own Life Asperger Syndrome and Anxiety Asperger's and Girls Asperger's Syndrome For Dummies Been There. Done That. Try This! The Asperkid's Secret Book of Social Rules Asperger's Syndrome and Jail Freaks, Geeks and Asperger Syndrome The Conscious Parent's Guide To Asperger's Syndrome The Other Half of Asperger Syndrome The Complete Guide to Getting a Job for People with Asperger's Syndrome Adult Asperger's Syndrome Can I Tell You about Asperger Syndrome? The Asperger Love Guide Asperkids Asperger's From the Inside Out Recognising Autism and Asperger's Syndrome Complete Guide to Asperger's Syndrome Nerdy, Shy, and Socially Inappropriate Asperger's Syndrome Asperger's and Adulthood The Asperger Personal Guide Very Late Diagnosis of Asperger Syndrome (Autism Spectrum Disorder) The Complete Guide to Asperger's Syndrome Summary of Dr. Anthony Attwood's The Complete Guide to Asperger's Syndrome Beginner's Guide To Asperger's Syndrome Succeeding in College with Asperger Syndrome Your Life is Not a Label Asperger Syndrome and Social Relationships Asperger Syndrome in Adulthood: A Comprehensive Guide for Clinicians Asperger Syndrome Students with Asperger Syndrome Coming Out Asperger

World-renowned experts join those with Asperger's Syndrome to

resolve issues that girls and women face every day! `Self-esteem should be enhanced as people with AS read Edmonds and Worton's presentation of how AS has impacted on their lives. They are both positive advocates for encouraging others.. to view their AS as a positive... This book is easy to read and full of valuable strategies to help others who have ASD' - Autism Awareness Following on from the Asperger Love Guide and Social Guide, this third book in the series of self-help practical life guides aims to cover the personal issues that an adult with Asperger's syndrome faces in a world not designed for people with autism. Written from a male and female perspective of two Asperger's adults it looks at: o the positive aspects of Asperger's syndrome o how these translate into everyday life o whether Asperger's syndrome is in fact a disability o strategies to gain mental and physical health as an adult with Asperger's syndrome. The book aims to help adults gain self-esteem and get the most out of themselves as a unique adult with Asperger's syndrome. These courageous authors have drawn upon their personal experiences to provide an outstanding series of books aimed to support and enhance the quality of life for other Asperger adults. A thorough overview of Asperger syndrome for mental health professionals. Despite the dramatic proliferation of research, clinical perspectives, and first-person accounts of Asperger Syndrome (AS) in the last 15 years, much of this information has focused on the application of the diagnosis to children, even though AS displays persistence over time in individuals. This book is one of the only guides to Asperger Syndrome as it manifests itself in adults. It integrates research and clinical experience to provide mental health professionals with a comprehensive discussion of AS in adulthood, covering issues of diagnosis as well as co-morbid psychiatric conditions, psychosocial issues, and various types of interventions—from psychotherapy to psychopharmacology. It also discusses basic diagnostic criteria, controversies about the disorder, and possible

interventions and treatments for dealing with the disorder. Offers ways to engage with children with Asperger syndrome like concentrating on their need for concrete forms of communication. Drawing on their own experiences of being in long-term relationships with partners with Asperger syndrome, and interviews with others in the same situation, the authors offer tried-and-tested advice on how to surmount common difficulties and make things work. Do you have Asperger's Syndrome or know someone who does? Are you looking for a reference guide about Asperger's in adults? Do you have questions you'd like to ask an expert in adult Asperger's? If your answer is Yes to any of these questions, this book is for you. Clinical psychologist and Asperger's authority, Dr. Kenneth Roberson, examines the often neglected area of Asperger's in adults, covering topics such as: What causes Asperger's Syndrome? Is it different in adults than it is in children? How can you find out if you have Asperger's? What are the advantages and disadvantages of a diagnosis? What therapy is best for adults who have Asperger's? Can adults with Asperger's change? Are there benefits to having Asperger's? Can adults with Asperger's have intimate relationships? Can they be successful parents? These and many other questions are covered in this important addition to the field of Asperger's as it occurs in adults. Resources and reference material about adult Asperger's are included, along with a feature allowing readers to ask questions of Dr. Roberson. An intimate, engaging, and insightful guide to coping with Asperger's-from one of the condition's most passionate advocates. Michael John Carley was diagnosed with Asperger's Syndrome at thirty-six-when his young son received the same diagnosis. This fascinating book reveals his personal experience with the confusion and trauma associated with this condition-and offers insights into living an independent and productive life. Now the Executive Director of the world's largest Asperger's organization, Carley helps readers in such areas as: - Social interactions - Nurturing interests - Whom to confide in-and

how - Dealing with family and loved ones - Finding work that suits your strengths and talents

Introducing Adam, who has Asperger syndrome -- Reading feelings -- Tones of voice -- Playing with others -- Loud noises -- Confusing groups -- Unexpected change -- Motor skills -- Special interests -- What is Asperger syndrome? -- How to help -- How teachers can help.

Will Attwood was finishing a three-year sentence in prison when he was formally diagnosed with Asperger's syndrome for the first time. After his diagnosis he recognised just how much it had been affecting his life behind bars. This book is a practical advice guide for people with autism who have been sentenced to time in prison. Will shares his first-hand knowledge of what to expect and how to behave within the penal system. He sheds light on topics that are important for people with autism, answering questions such as: How should you act with inmates and guards? How do you avoid trouble? What about a prison's environmental stimuli may cause you anxiety? His thoughtful, measured writing debunks rumours about daily life in prison, and the useful tips and observations he offers will help anyone with autism prepare for the realities of spending time incarcerated, and be enormously helpful to those working with offenders on the autism spectrum. Finding a job is a confusing and anxiety-provoking process for many individuals with Asperger's Syndrome (AS) who may not know what they are qualified to do and may struggle to communicate their value to employers. In this book, Asperger's employment expert Barbara Bissonnette describes exactly what it takes to get hired in the neurotypical workplace. Every aspect of finding employment is covered, from defining strengths and researching occupations, to marketing oneself and projecting confidence and enthusiasm in interviews. Job-hunters are taught how to develop a personal profile of their talents and skills, their ideal work environment, and important work criteria. They are then shown how to set realistic goals and develop an effective job search plan. There is detailed instruction on networking, including how to find contacts

and what to say. A wealth of checklists, templates, sample scripts and written communications accompany the text. Upfront, engaging and highly practical, this will be an essential guide for individuals with AS entering the workforce for the first time, as well as experienced workers who have lost jobs or wish to change careers but are uncertain about how to find the best match for their abilities. As awareness and understanding of Asperger Syndrome and Autism Spectrum Disorder increases, more adults are identifying themselves as being on the spectrum and seeking formal diagnosis. This book discusses the process, the pros and cons, and the after-effects of receiving an autism diagnosis in adulthood. Outlining the likely stages of the journey to diagnosis, this book looks at what the individual may go through as they become aware of their Asperger characteristics and as they seek pre-assessment and diagnosis, as well as common reactions upon receiving a diagnosis - from depression and anger to relief and self-acceptance. Combining practical guidance with advice from personal experience and interviews and correspondence with specialists in the field, the book discusses if and when to disclose to family, friends and employers, how to seek appropriate support services, and how to use the self-knowledge gained through diagnosis to live well in the future. The Asperkid's (Secret) Book of Social Rules offers witty insights into baffling social codes such as making and keeping friends, and common conversation pitfalls. Ideal for all 10-17 year olds with Asperger syndrome, this book provides inside information on over thirty social rules helping Asperkids to navigate the mysterious world around them. 'This book breaks down the social, emotional and practical aspects of relationships so usefully that it is a good resource for teachers and others working with neurotypical individuals. In fact the book so sensibly discusses pitfalls, strategies and individual responsibilities that it would be valuable reading for teenagers generally as well as for individuals with Asperger syndrome' - Tess Coll, autism outreach teacher 'The

Asperger Love Guide is recommended reading for those with Asperger's syndrome who are seeking or within a relationship. The authors provide a clear explanation of how the characteristics of Asperger's syndrome can affect the development of a relationship and the expression of love. They then provide sound practical advice for individuals and couples. I really enjoyed reading The Asperger Love Guide and will be recommending the book to my clients' - Professor Tony Attwood 'This is the first book I've read in a long time that, once started, I couldn't put down until it was finished. It is an exceptionally good read. The 77 pages are written succinctly with no waffle - just straight to the point. I will definitely buy a copy of this book for the whole family to use! I will use it to guide Joe (my 17 year old Asperger son) when he's ready for it. It's not a book he would read himself; in fact I read the section "the merits of single life" out loud to him a bit like a bed time story' - Action for ASD 'There is a great need for more awareness of Asperger syndrome and how it affects personal relationships. The National Autistic Society find this a helpful guide' - Cathy Mercer, NAS 'This book sets out some helpful facts about relationships in a neat, simple form' - Asperger United 'An excellent self 'help-text'... the book is a clear and matter-of-fact guide to relationships and is unapologetic in offering straightforward and helpful advice for romantic success... Not a word is wasted, and as well as being highly recommended for individuals with Asperger's Syndrome, should also be read by education professionals supporting young people with Asperger's Syndrome in schools, colleges and universities' - SENCO Update 'Aimed primarily at individuals with Asperger syndrome, this very readable book is in fact of use to a much wider audience. The issues are discussed openly and logically and the advice given is both sympathetic and very matter of fact... The book breaks down the social, emotional and practical aspects of relationships so usefully that it is a good resource for teachers and others working with neurotypical individuals. Infact the book so sensibly

discusses pitfalls, strategies and individual responsibilities that it would be valuable reading for teenagers generally as well as for individuals with Asperger syndrome' - British Journal of Special Education Material based on the experiences of the people on the Autistic Spectrum is usually written by neurotypical writers. Here, Genevieve and Dean, both adults with Asperger's Syndrome, share their advice and tips for romantic success. The chapters cover: o building self-esteem; o the best places to meet potential partners; o dating; o maintaining relationships. Both authors work with the Asperger community, either providing support or training, so their insight is based upon other people's experiences as well as their own. This is shown in a number of case studies that support the elements described in each chapter. They write in a clear, accessible and non-patronizing way which will suit their audience. This will prove to be an invaluable book to those with Asperger's or those that support Asperger people. Dean Worton is a 31 year-old high functioning individual with a very positive expression of Asperger Syndrome. He runs a successful UK-based website for adults with Asperger Syndrome and hosts real-life meet-ups around the UK for its members. His key interest is in encouraging adults with AS to live positively and successfully with the gifts that Asperger Syndrome provides. He also works in administration and resides in North-West England. Genevieve Edmonds is a 23 year old with 'residual' Asperger Syndrome, which she views as a significant gift. She works as an associate of the Missing Link Support Service in Lancashire supporting those 'disabled by society' including individuals with ASD. She speaks and writes frequently in the field of Autism, along with giving training, workshops and soon counselling. She aims to empower those with ASD, carers and professionals in the understanding of Asperger Syndrome as a difference rather than an impairment. She lives and works in a solution-focused way and is based in North-West England Includes bibliographical references and index. For many students with autism spectrum

disorders, getting admitted to college is the easy part. Surviving and succeeding can be quite another, as these students transition into a system that is often unprepared to receive them.

Accommodating students whose disabilities very likely fall in social and self regulatory areas is a particular challenge for disability services providers who are not used to reaching out into so many areas of student life. This comprehensive book offers disability services professionals practical strategies for accommodating and supporting students in all phases of college life and beyond. This book explores the complexity of diagnosis for Asperger Syndrome, the drawbacks and benefits of disclosing a "hidden disability," and how this impinges on self-esteem. The contributors include some of the best-known and most exciting writers in the field of AS today, and include individuals on the autism spectrum, parents and professionals. Asperger's Syndrome For Dummies covers everything that both people living with the condition and their families need to know. From explaining symptoms and getting a diagnosis, through to overcoming bullying in schools and choosing between the therapy and medical treatments available, this is a complete guide to surviving and thriving with the condition. Asperger's Syndrome For Dummies includes:

Part I: Understanding Asperger's syndrome (AS)

Chapter 1: Introducing Asperger's syndrome

Chapter 2: Discovering the causes of Asperger's syndrome

Chapter 3: Diagnosing Asperger's syndrome

Part II: Living with Asperger's syndrome

Chapter 4: Enjoying Life with Asperger's

Chapter 5: Getting the most out of education and the workplace

Chapter 6: Finding independence and advocating for your rights

Part III: Supporting people with Asperger's syndrome

Chapter 7: Parenting and Asperger's syndrome

Chapter 8: Relating to adults with Asperger's syndrome

Chapter 9: Creating an AS friendly environment

Part IV: Discovering therapies, medication, diet and environments for AS

Chapter 10: Navigating Behavioural Therapies for Asperger's Syndrome

Chapter 11: Understanding

**medication and diet in Asperger's syndrome Part V: Part of Tens
Chapter 12: Ten Organisations to go for help and information
Chapter 13: Ten positives about living with Asperger's Chapter
14: Ten famous people who probably had Asperger's Part of the
Reading Well scheme. 35 books selected by young people and
health professionals to provide 13 to 18 year olds with high-
quality support, information and advice about common mental
health issues and related conditions. Winner of the NASEN & TES
Special Educational Needs Children's Book Award 2003 Have you
ever been called a freak or a geek? Have you ever felt like one?
Luke Jackson is 13 years old and has Asperger Syndrome. Over
the years Luke has learned to laugh at such names but there are
other aspects of life which are more difficult. Adolescence and the
teenage years are a minefield of emotions, transitions and
decisions and when a child has Asperger Syndrome, the result is
often explosive. Luke has three sisters and one brother in various
stages of their adolescent and teenage years but he is acutely
aware of just how different he is and how little information is
available for adolescents like himself. Drawing from his own
experiences and gaining information from his teenage brother
and sisters, he wrote this enlightening, honest and witty book in
an attempt to address difficult topics such as bullying,
friendships, when and how to tell others about AS, school
problems, dating and relationships, and morality. Luke writes
briefly about his younger autistic and AD/HD brothers, providing
amusing insights into the antics of his younger years and advice
for parents, carers and teachers of younger AS children. However,
his main reason for writing was because "so many books are
written about us, but none are written directly to adolescents with
Asperger Syndrome. I thought I would write one in the hope that
we could all learn together". Many people have feelings of stress
and anxiety in their everyday lives. For people with Aspergers
Syndrome this stress can be difficult to manage. This book is
specifically written for adults with Aspergers Syndrome offers**

practical advice on how to better manage the stress in their lives. A positive, mindful plan for the whole family! If your child has been given a diagnosis of Asperger's syndrome, you may be feeling overwhelmed and unsure of what to do next. With The Conscious Parent's Guide to Asperger's Syndrome, you will learn how to take a relationship-centered approach to parenting that engages your child and ensures that he succeeds behaviorally, socially, and cognitively. Conscious parenting is about being present with your child and taking the time to understand how to help him flourish. By practicing this mindful method, you can support your child emotionally and help nurture his development. This easy-to-use guide helps you to: Honor your child's unique perspective and cognitive strengths Adapt a conscious parenting philosophy that works for everyone Identify triggers that can lead to sensory overload Lower stress levels for the entire family, including other siblings Keep open communication with your child and help him foster good relationships Embrace your child's passions and help him grow in practical ways Educate your family and friends about Asperger's Advocate for your child at school With The Conscious Parent's Guide to Asperger's Syndrome, you'll learn to create a calm and mindful atmosphere for the whole family, while helping your child succeed and thrive. If you have Asperger's syndrome (AS) or your child or partner does, life can be challenging, difficult and emotionally draining. Help is at hand. From coming to terms with a diagnosis and receiving specialist counselling to pursuing careers and maintaining long term relationships, this essential guide takes a positive and practical approach to living with Asperger's. Using tried and tested strategies from those who have lived with the condition, you will discover how to develop communication, how to deal with obsessive behaviour and how to get further help and support. Information for those living with a partner suffering from Asperger's is also provided. Chapters are also included for parents whose child has recently been diagnosed with

Asperger's, together with advice for teachers and carers. This book won't pretend that living with Asperger's is easy, but it will help you to understand and live positively with the condition. Asperger Syndrome and high-functioning autism are detected earlier and more accurately today than ever before. Children and teens with these disorders often stand out for their precocious intelligence and language abilities--yet profound social difficulties can limit every aspect of their lives. This hopeful, compassionate guide shows parents how to work with their child's unique impairments and capabilities to help him or her learn to engage more fully with the world and live as self-sufficiently as possible. From leading experts in the field, the book is packed with practical ideas for helping children relate more comfortably to peers, learn the rules of appropriate behavior, and participate more fully in school and family life. It also explains what scientists currently know about autistic spectrum disorders and how they are diagnosed and treated. Real-life success stories, problem-solving ideas, and matter-of-fact advice on everything from educational placements to career planning make this an indispensable reference that families will turn to again and again. If you only buy one book to improve your life this year, make it this one. Temple Grandin, Liane Holliday Willey, Anita Lesko, Stephen M. Shore, and many other Aspie mentors, offer their personal guidance on coping with the daily stressors that Aspies have identified as being the most significant, in order of urgency - anxiety, self-esteem, change, meltdowns, depression, friendship, love, and much, much more. Based on years of personal experience, this book is packed with advice from Aspie mentors who have all been there and done that! World expert Dr. Tony Attwood rounds up each chapter with professional analysis and extensive recommendations. He includes essential information on destructive strategies that may look attractive, but that have counter-productive effects. Including full color artwork from Aspie artists showing visually how they interpret each stressor, this is

THE inspirational guide to life for young adults, the newly diagnosed, and as a life-long reference for anyone on the spectrum - written by Aspies for Aspies. The definitive handbook for anyone affected by Asperger's Syndrome. This work brings together a wealth of information on all aspects of the syndrome for children through to adults. Tony Attwood's guide will assist parents and professionals with the identification, treatment and care of both children and adults with Asperger's Syndrome. The book provides a description and analysis of the unusual characteristics of the syndrome and practical strategies to reduce those that are most conspicuous or debilitating. Beginning with a chapter on diagnosis, including an assessment test, the book covers all aspects of the syndrome from language to social behaviour and motor clumsiness, concluding with a chapter based on the questions most frequently asked by those who come into contact with individuals with this syndrome. Covering the available literature in full, this guide brings together the most relevant and useful information on Asperger's Syndrome, incorporating case studies from the author's own practical experience as a Clinical Psychologist, with examples of, and numerous quotations from people with Asperger's Syndrome. Offers insights by a teenager with Asperger's syndrome into the difficulties of the disorder, including information on fascinations and obsessions, sensory perception, sleep, bullies, moral dilemmas, eating, and socializing. College life is particularly stressful for students with Asperger Syndrome. This much needed guide provides information to help these students prepare successfully for study, interact with staff and fellow students, cope with expectations and pressures, and understand their academic and domestic responsibilities. Cynthia Kim explores all the quirkyess of living with Asperger Syndrome (ASD) in this accessible, witty and honest guide looking from an insider perspective at some of the most challenging and intractable aspects of being autistic. Her own life presents many rich

examples. From being labelled nerdy and shy as an undiagnosed child to redefining herself when diagnosed with Asperger Syndrome as an adult, she describes how her perspective shifted to understanding a previously confusing world and combines this with the results of extensive research to explore the 'why' of ASD traits. She explains how they impact on everything from self-care to holding down a job and offers typically practical and creative strategies to help manage them, including a section on the vestibular, sensory and social benefits of martial arts for people with autism. Well known in the autism community and beyond for her popular blog, Musings of an Aspie, Cynthia Kim's book is rich with personal anecdotes and useful advice. This intelligent insider guide will help adults with ASDs and their partners, family members, friends, and colleagues, but it also provides a fresh and witty window onto a different worldview. Please note: This is a companion version & not the original book. Sample Book Insights: #1 The author met a boy named Jack who was invited to Alicia's birthday party. He was a lonely, kind boy who seemed to understand many things, and he was very eloquent for an eight-year-old. #2 Asperger's syndrome is a diagnosis that describes someone who perceives and thinks about the world differently from other people. It is typically characterized by a lack of social understanding, a limited ability to have a reciprocal conversation, and an intense interest in a particular subject. #3 Asperger was the first to describe autism, and he observed that the children had social difficulties and unusual social abilities. He believed that the condition was due to genetic or neurological factors, rather than psychological or environmental ones. #4 When a child is referred for a diagnostic assessment, they may have traveled along one of several different diagnostic pathways. The average age for a diagnosis of a child with Asperger's syndrome is between 8 and 11 years. A guide to Asperger's syndrome describes what it is and how it is diagnosed, along with information on such topics as bullying, emotions, language, movement, cognitive ability, and

long-term relationships. This fully revised new edition is a clear and concise guide to effective classroom practice. It is designed for teachers and assistants supporting children with Asperger syndrome in mainstream schools and other non-specialist settings. The book provides up-to-date information on the latest developments in this area and relates this to educational practice. With examples of innovative strategies and approaches to facilitate progress in learning, this new edition: outlines the underlying impairments and their educational implications; explores the process of assessment and diagnosis in Asperger Syndrome; offers practical strategies for effective and realistic classroom intervention, including access to the National Curriculum; considers the behavioural challenges the child with Asperger Syndrome may pose; shows how transitions can be supported. Asperger Syndrome: A Practical Guide for Teachers, 2nd Edition seeks to inform professionals meeting a child with Asperger Syndrome for the first time and equip them with effective educational and behavioural intervention strategies. This new edition is also updated with reference to Every Child Matters, the Disability Equality Duty and Access Inclusion Planning. This book will be essential to professionals in mainstream schools, educational psychologists, INSET providers (including initial teacher training), as well as to parents, carers and others supporting social and behavioural progress for students with Asperger Syndrome. The workplace can be a difficult environment for people with Asperger's Syndrome (AS) and this often impedes their ability to make use of particular skills and sustain meaningful and fulfilling employment. This is the definitive guide to surviving and thriving in the workplace for people with AS. It includes everything from realistic strategies for meeting employer expectations, to how to get along with your colleagues and work as part of a team, multitask and manage projects, and handle anxiety and effectively resolve problems. Common employment challenges are illustrated through examples from the author's

extensive experience coaching individuals with AS at all job levels, from entry-level to manager and professional positions. The pragmatic recommendations in the book will benefit anyone with AS who is entering the workforce, as well as those who struggle to maintain employment, or who want to improve their performance and advance their careers. Based on academic research, experiences as a counselor specializing in this area and personal relationship experiences, the author uses quotations and real-life examples to illustrate her points with a compassionate understanding. Practical everyday topics include living and coping with AS, anger and AS, getting the message across, sex and AS, parenting, staying together, and "AS cannot be blamed for everything." Annotation "In this book, Wendy Lawson guides others on the autism spectrum through the confusing map of life, tackling the building bricks of social existence one by one with humour, insight and practical suggestions." Recognising Autism and Asperger's Syndrome is an accessible guide, offering information and guidance, self-help and coping strategies and illustrated throughout with personal quotes, vignettes and anecdotes from clients with autism with whom the author has worked clinically. The book captures the individual stories, quotations and experiences, observed in adult autism diagnostic services, woven in with contemporary research, theory and clinical insights. It outlines the history of the condition and the present criteria for obtaining a diagnosis. With exercises, tips, questionnaires, psycho-educational work and advice sheets, this new edition also elucidates the female presentation of autism that has attained significance in the recent times. The book is deliberately aimed at a broad audience of people: those who have just received a diagnosis and want to know more, those who are considering seeking a diagnosis, family members, relatives, friends and clinicians, including mental health workers, psychologists, support workers and all those who work with autistic people. This is an accessible 2002 handbook

for all those touched by Asperger syndrome; clinicians, those affected and carers alike. Jerry Newport, diagnosed with Asperger's Syndrome / High Functioning Autism at age 47, wrote this book for those with developmental disorders, but it resonates with people with any disability. His message: everyone has the power, and the right, to improve the quality of their lives despite their disability. Don't believe you must be "normal" to be happy; learn to co-exist with neuro-typicals, and become the best human being you can be. Jerry candidly reveals his own failures and successes. His heartfelt advice stems from a deep sense of caring for "his people" on the spectrum. If you read only one personal account about autism, this should be it! The Asperger's Syndrome Information Book AS / AD: Identifying Symptoms, Diagnosis and Treatment

It's not easy to accept the challenges of having to live with a loved one who may have Asperger Syndrome (AS). AS involves a combination of mental, social, psychological, emotional, and physical limitations. As such, having this condition means adjusting your life for life. Most people, when confronted with AS ask, "Why she?" or, "Why he?" and, "Why me?" Accepting AS begins by making an effort to know more about this condition. By getting the right information about AS, you are better able to deal with it objectively and are in a better position to help your loved one who has it. This book guides you through the basic information you need to know about AS: when you should be concerned your child may have AS, what is the proper way to diagnose AS, and available treatments. This book goes a step further by taking you into the mind of a person who has AS, what it means for you to live with a loved one who has AS, and what the future may hold for you both. AS is not a mental condition that can be dealt with easily---that's the truth. However, if you truly love your loved one who has it, there's no other way but to accept the challenges of AS. In this book you'll learn:

***Common challenges faced by people with Asperger's Syndrome
What is Asperger's Syndrome (AS) Common signs and symptoms***

of AS The reality of AS and possibility of overcoming it Causes and diagnosis of AS Common challenges Aspies face Activities in therapy programs to address AS challenges What's going on inside the mind of AS sufferer And more `This book is essential reading to understand the social abilities of adults with Asperger's syndrome. The contributors each have different personalities and experiences, but together they provide a range of strategies to encourage people with Asperger's syndrome to achieve the social relationships they desire.' - Professor Tony Attwood Social interaction among neurotypical people is complex and in many ways illogical. To the person with Asperger Syndrome (AS) it is also woefully unintuitive. In this book, adults with AS discuss social relationships, offer advice and support for others with AS and provide necessary insights into AS perspectives for those working and interacting with them. The contributors evaluate a range of social contexts and relationship aspects, including: * online relationships - a worldwide social network based on non-verbal communication, * the unwritten rules of neurotypical socialising, * the need for mutual understanding between those with AS and neurotypicals, * the effects of struggling socially on one's self-esteem and frame of mind, and * the opportunities provided by social skills workshops or interest groups. This is essential reading for adults with AS, their family and friends, as well as service providers and other professionals providing support for people with AS in adult life.

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